

Mandy Golman, Ph.D., M.S., MCHES

Associate Professor

Affiliate Faculty, Institute for Women's Health (IWH)

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Biography

Dr. Mandy Golman is an Associate Professor in the School of Health Promotion and Kinesiology at Texas Woman's University (TWU) where she teaches Community Health, Program Planning and Evaluation, Perspectives of Women's Health, and Strategies in Health Education Delivery. She is a multi-faceted educator, researcher, trainer, and consultant whose work spans the health spectrum to include women's wellness, eating disorder prevention, teen pregnancy, parenting, adolescent sexuality, nutrition, and the importance of positive body image. She routinely consults and conducts workshops for major school districts, private schools, and healthcare providers. Dr. Golman is the Principal Investigator (PI) and Evaluator on several grants, including a 5 year, \$4.9 million-dollar grant (grant number 6 TPIAH000094-01-01) awarded in 2015 from the U.S. Department of Health and Human Services Office of Adolescent Health.

Education

Ph.D., Health Studies, Texas Woman's University, Denton, Texas, 2009

M.S., Health Care Administration, Texas Woman's University, Denton, Texas, 1996

B.A., Psychology, University of Texas at Austin, Austin, Texas, 1991

Research Interests

Parental Communication Around Sexual Health; Teen Pregnancy and STI Prevention; Adolescent Sexuality; Community Needs Assessment; Program Planning And Evaluation; Qualitative Research Methods, Community Based Participatory Research (CBPR); Body Image, Eating Disorders; Socio-Ecologic Model

Latest Articles

[*Engaging church leaders in the reduction of teen birth rate in high risk areas*](#)

International Quarterly of Community Health Education (2020)